



Club Policies & Regulations

(includes Competition Guide for 2025-2026)

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INTRODUCTION

Volleyball PEI strives to be a regional leader in Volleyball in Atlantic Canada.

Volleyball PEI exists to

- provide athletes, coaches, referees and volunteers with opportunities
- support for participation, development, and advancement within the sport of volleyball, and
- Be a regional leader in volleyball within Atlantic Canada.
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This document is a guide containing information regarding the 2025-2026 indoor club season. All standard rules and regulations are from the Volleyball Canada 2025-2026 Rule Book. If you have any questions regarding the upcoming season or require assistance, please do not hesitate to contact Volleyball PEI via email at cgcrozier@sportpei.pe.ca

Volleyball PEI's website at <http://www.volleyballpei.com>. is updated regularly for the convenience of clubs, athletes, officials and parents. We do our best to keep you informed on upcoming events, schedules, workshops and programs for both indoor and beach volleyball.

Communication: Please note that any exchange of information between a club and athlete must include parents/guardians.

ANNUAL REGISTRATION FEES:

- All annual registration fees purchased cover the playing season of Sept.1, 2025 to Aug. 31, 2026.
- All annual registration fees are UPGRADEABLE. Only the difference in price is charged when upgrading.
- Coach/Player Registration Types:
 - Competitive vs. Recreational vs. Youth Development (Player only)
 - see benefits of each below

Benefits of Volleyball PEI / Volleyball Canada – COMPETITIVE registration

- access to liability and sport accident insurance for all registered players & coaches. This is often necessary to secure gym rentals for practices and hosting tournaments.
- access to Volleyball PEI staff on a daily basis via various communication methods.
- ability to play in and host sanctioned competitive tournaments
- ability to play in and host sanctioned age group provincial championships
- ability to apply to host a VPEI provincial championship
- inclusion on VPEI communications about coach and player development opportunities
- ability for players to attend VPEI provincial team tryouts/camps and for those selected to participate on VPEI provincial teams versus other provinces.
- Ability for Coaches to attend VC coaching development opportunities.
- access to VPEI officials when hosting tournaments.
- access to Volleyball Canada event information
- access to Volleyball Canada and/or VPEI Learning Facilitators and Evaluators.

Benefits of Volleyball PEI / Volleyball Canada - RECREATIONAL registration

- access to liability and sport accident insurance for all registered players & coaches and persons in authority. This is often necessary to secure gym rentals for practices and hosting tournaments.
- access to Volleyball PEI staff on a daily basis via various communication methods.
- ability to play in and host VPEI tournaments that only include VPEI members
- ability to play in VPEI age group provincial championships
- ability to apply to host a VPEI provincial championship
- inclusion on VPEI coach and player communications about coach and player development opportunities
- ability for players to attend VPEI provincial team tryouts/camps but must upgrade to the full membership if participating on a provincial team competing against other provinces.
- access to VPEI officials when hosting tournaments that include PEI teams only
- ability to host player and coach development sessions for registered VPEI members with successful securement of VPEI Learning Facilitators.

Benefits of Volleyball PEI / Volleyball Canada – Youth Development Membership

Benefits of Volleyball PEI / Volleyball Canada – YOUTH DEVELOPMENT (player only)

- this is a one-time “try-it fee” that allows athletes to try a 1-3 hour sanctioned club camp or clinic for a lower cost point, before upgrading to RECREATIONAL if they choose to continue with further VPEI programming.

INDIVIDUAL REGISTRATION FEES for 2025-2026

All **COMPETITIVE** fees (12U – 18U players, team staff, coaches, club contacts, etc.) are \$75.00/person, which includes a \$37.00 Volleyball Canada annual fee.

All **RECREATIONAL** fees (12U – 18U players, team staff, coaches, club contacts, persons in authority, etc.) are \$30.00/person, which includes a \$5.00 Volleyball Canada annual fee.

All **YOUTH DEVELOPMENT** fees are \$5.00/player, which includes the \$5.00 Volleyball Canada annual fee.

REGISTRATION DEADLINES

- All participants (athletes, coaches, PIA) must purchase the **RECREATIONAL** fee **prior to their participation in any VPEI sanctioned event**. This includes tryouts, camps, clinics, etc.

The only exception to this is the **YOUTH DEVELOPMENT membership which can be purchased for a one-time “try-it event”. The assumption with this fee type is that if the athlete continues with further VPEI programming, they will then upgrade to a RECREATIONAL or COMPETITIVE player fee.*

* Any participation in **COMPETITIVE TOURNAMENTS** either in or outside PEI requires the **COMPETITIVE** player/coach fee as cross-border insurance is in effect with Volleyball Canada if teams from outside PEI are participating.

- A player can only register and participate with one (1) club in any particular sanctioned VPEI event.
- A coach can only register and participate with one (1) club in any particular sanctioned VPEI event.
- Any person sitting on the bench at a sanctioned VPEI competition **MUST** be a registered member of VPEI. This includes team staff, managers, trainers, etc.
- VPEI annual fees are non-refundable.

Note: All players, coaches and team staff must purchase their registration fees for the current season **BEFORE** they participate in their first VPEI sanctioned event in order to be covered by VPEI insurance.

AGE CATEGORIES

The following rules apply to both VPEI Sanctioned Club Competitive Events and VC National Championships.

2025-2026 Club Athlete Age Categories are as follows:

*18U: Athletes born between September 1, 2007 and Dec 31, 2008 (16 months)

17U: Athletes born between September 1, 2008 and Dec 31, 2009 (16 months)

16U: Athletes born between September 1, 2009 and Dec 31, 2010 (16 months)

15U: Athletes born between September 1, 2010 and Dec 31, 2011 (16 months)

14U: Athletes born between September 1, 2011 and Dec 31, 2012 (16 months)

13U: Athletes born between September 1, 2012 and Dec 31, 2013 (16 months)

12U: Athletes born after January 1st, 2014.

***For 2026 Indoor Club Nationals, 18U Age Category ONLY:**

A team roster for the 18U category may include the following:

- 2 athletes born from Jan 1-August 31, 2007
 - With the following restriction:
 - Athletes are NOT permitted to be part of any USport, CCAA or other post-secondary volleyball program for the current season (October 1, 2025-May 1, 2026) *
- NEW – A **maximum** of 2 current USport, CCAA, or other post-secondary* athletes born from Sept 1 – Dec 31, 2007. Athletes born in 2008 are eligible to be part of a team roster without any post-secondary restrictions.
 - The club and post-secondary coach should agree this is developmentally appropriate considering the season of play, training load and circumstances of the post-secondary athlete.

***Definition of Post-Secondary:** Part of a Post-Secondary Volleyball program is defined as rostered with a post-secondary institution that they are attending, beginning October 1, 2025. Athletes are permitted to tryout/train with a post-secondary team in September 2025. CEGEP Division 1 athletes who are registered in the CCAA are considered post-secondary athletes. CEGEP athletes in Division 2 and 3 are not considered post-secondary athletes. Post-secondary does not include intramural programs or club programs within a post-secondary institution.

Upon request the 18U Head Coach and/or Club President shall provide eligibility verification of any athletes attending post-secondary institution.

Exemptions:

Under extraordinary circumstances only, [an exemption request](#) for athletes born prior to the 16-month window to play in a specific age group may be considered. The Head Coach/Team Manager must make a request. Initial requests must go to the PTA and acknowledgement from the PTA must be provided in

the submission to Volleyball Canada. Submission for exceptions will only be considered if they are based on LTD Principles. There is a \$50 fee for all age exemption requests. It should be noted that a PTA may implement different age category requirements. The team is responsible to ensure athletes meet eligibility for both PTA and VC participation prior to athlete selection.

Guiding Principles:

Long Term Development (LTD) research demonstrates the flaws of placing athletes into their birth year for participation in sports. In short, the discrepancies that can occur between youth within the same birth year create significant disadvantages for late developing male athletes and to a lesser degree, early developing females. Volleyball Canada, by providing a range of months (16) within a competitive division, gives athletes greater flexibility to choose a level that best suits their needs and supports LTD research. Athletes, parents and coaches should consider the short term and long-term benefits of playing in different age categories. Clubs may have their own policies playing up/playing down in different age categories

Provincial and Territorial Associations may have their own policies regarding age categories and/or age eligibility/participation for competitions.

*** Please note: The VPEI Spring League program follows slightly different age groups than Volleyball Canada as the program is “grade-based” and not based on the ages of the athletes during the calendar year. See our Spring League program document for further info.

TYPES OF CLUB ACTIVITIES

Clubs *may* hold **INFORMAL** activities including: hosting indoor/beach camps, clinics or programs that are open to ALL individuals registered with Volleyball PEI from the end of the indoor playing season (May 31st) until the start of the next playing season (Sept.1st).

Clubs may also hold **INFORMAL** activities between September 1st and the end of the PEISAA season provided they do not interfere with the PEISAA season and all participants are registered with Volleyball PEI/Volleyball Canada for the current season.

CLUB TRYOUT PERIOD

Clubs may advertise their tryout dates/times and locations starting on September 1st, but *cannot* hold any **FORMAL** activities: including tryouts, practices or club training until the tryout window opens.

It is important to note, an athlete's attendance at a tryout, is not a commitment to participate with that club.

*For the 2025-2026 playing season: The tryout window OPENS for the competitive playing season following the conclusion of the PEISAA provincial tournament for each specific age category (ie: Junior High/14U/15U Clubs can hold tryouts before Senior High/16U/18U Clubs as their PEISAA season ends earlier).

**Note: Starting with the 2026-2027 playing season: The tryout window will open on November 16th.

RECRUITING POLICY

Volleyball PEI strongly encourages the PEI volleyball community to work cooperatively to ensure all volleyball participants have a positive experience by following these principles and rules below. These guidelines apply to all Club Recruiters (ex. Club Directors, Coaches, Asst. Coaches, Managers, etc.) and College/University Recruiters.

1. Club Recruiters are NOT allowed to have direct contact (verbally, electronically or with printed material) with an athlete while their team is still participating in the current indoor competitive season (Competitive Season period is from the end of PEISAA season until end of May). Club Recruiters can speak directly with an athlete once their competition season is over, but must have consent from their parent/guardian(s) and follow the Rule of 2.
2. College/University Recruiters must introduce themselves and the institution/organization they represent to tournament staff/organizers upon arrival. They should be wearing clothing that clearly indicates the institution they are representing and should not approach athletes/parents while the athlete's team is competing. Tournament staff has the right to ask a recruiter to leave the gymnasium or venue if recruiting practices are not respected.

3. Occasionally a player may initiate contact with a College/University Recruiter. If this is done during school hours, practices, tournaments or league/exhibition games; then it is the recruiter's responsibility to inform the athlete they can have a conversation after the activity and once they have received the parents' permission, while following the Rule of 2.

PLAYERS FEATURED ON ROSTER

A player may only be registered on one (1) team roster in the same age category.

PLAYERS MOVING UP AN AGE CATEGORY

As long as Volleyball Canada regulations are not contravened (*making a team ineligible for the Volleyball Canada National Championships*), youth teams may use lower age players (*from that same Club*) in a Volleyball PEI competitive sanctioned competition. The names of the players moving up are to be bracketed on the score sheets.

PLAYERS MOVING DOWN AN AGE CATEGORY

Competitive club teams are NOT permitted use any overage players as the club competitive season already allows a 16-month window for competition.

*Spring League Play: Exceptions to this rule will be allowed on a case-by-case basis to allow smaller clubs to play in the developmentally appropriate category for Spring League play only.

PLAYERS MOVING Laterally WITHIN AN AGE CATEGORY

For Clubs that have two or more teams in the same age category, lateral movement is defined as a maximum of three (3) players moving from roster A to roster B, and a maximum of three (3) players moving from roster B to roster A. Documentation to the VPEI office is NOT required but the names of those players moving laterally are to be bracketed on the score sheets. A player who has been moved laterally from one roster to another may NOT play for two teams in the same competition/tournament.

ROSTER LOCK DEADLINE

Set by individual clubs for hosting their own sanctioned competitive tournaments.

COMPETITIVE CLUBS vs. SPRING LEAGUE (only) CLUBS

Athletes and coaches can be rostered to play/coach with one Competitive club and a different "Spring League" Club team (*if they wish*) for the purpose of the VPEI Spring League program only. Coaches must allow these athletes to switch clubs for the Spring League Program if they so wish with no restrictions to them coming back to their Competitive Club to finish out the competitive season.

*Please note: Athletes can choose if they want to participate in the Spring League program or not, they are NOT mandated to participate in the program.

RISK MANAGEMENT AND SAFETY

It is the policy of Volleyball PEI to foster a spirit of competitiveness in the safest possible environment.

It is the responsibility of every member, coach, referee, volunteer, and staff to practice Risk Management and Safety on a continuous basis.

When a Club hosts an event, it is their responsibility to provide a safe environment for players, coaches, referees, volunteers, and spectators.

Canadian Safe Sport Anonymous Hotline: 1-888-83-SPORT (77678) to report harassment, abuse and discrimination concerns.

Person In Authority (PIA) and Rule of 2 Guidelines:

All PERSONS IN AUTHORITY (PIA) must complete the following in order to participate in any VPEI sanctioned event, as well as Volleyball Canada National Championships:

- Background screening – Please see Police Record Check Section below for all details and requirements.
- Review and adhere to Volleyball Canada's Code of Conduct and Abuse Policy
- Review and adhere to the Responsible Coaching Movement's Rule of Two

o Any one-on-one interaction between a PIA and an individual athlete must take place within earshot and view of a second Person In Authority. If possible one of the PIAs should be the same gender as the athlete. If a PIA is not available, another screened volunteer, parent or adult can be recruited. An exception is made for medical emergencies.

CRIMINAL RECORD CHECK & VULNERABLE SECTOR SCREENING

Volleyball PEI follows a strict policy whereby all team staff working directly with athletes in registered club programs (coaches, assistant coaches, managers, and trainers) are required to complete a Criminal Record Check with Vulnerable Sector Screen.

In order to make the process of acquiring a Police Record Check with Vulnerable Sector Screen as easy as possible for our members, VPEI will provide all PIA's with a letter to take to their local RCMP detachment to get the checks done for no cost. Once the member gets their Checks back from the RCMP, they must submit a copy of the completed Police Record Checks with Vulnerable Sector Screen to VPEI to be kept on file. For this purpose, the member can email a copy of the CRC/VSC for us to keep in our files. Please note that as per policy, we require PIA's to renew their CRC/VSC check every 3 years.

COACHING CERTIFICATION REQUIREMENTS

Volleyball PEI's Coach Eligibility Requirements are to ensure that all coaches participating in the club season have the knowledge and training necessary to provide every athlete with a safe, inclusive, and responsible sport experience.

Guiding Principles:

All athletes have the right to a NCCP Certified coach.

All coaches have the responsibility to:

- Have the required training to provide an environment that is physically, mentally, emotionally, and socially safe for all athletes and participants.
- Have the required training to be able to provide a responsible learning environment that incorporates VC's teaching methodologies, technical guidelines, and long-term athlete development principles.
- Ensure that all training is current and updated as required, to be able to provide a safe and responsible sport experience for all.

PERSONS IN AUTHORITY (PIA)

ALL Persons in Authority listed on any team roster must complete the requirements below to be eligible. In addition to the Head Coach, a Person in Authority. These requirements are mandatory for all Persons in Authority regardless of certification status. Person in Authority registration includes any person associated with the operation of volleyball within a club, including all coaching staff. This is determined by membership categories within Provincial and Territorial Associations.

Note: Any PIA who is missing any of the requirements listed below cannot be approved as a member for the season and should not interact with any youth in person/electronically as a Persons in Authority, and should not be included on any team roster, until both requirements below are completed.

Mandatory Requirements for all Persons in Authority:

Criminal Record Check with Vulnerable Sector Check - completed within the last 3 years.

Coaches Association of Canada (CAC) Safe Sport Training. Free online.

COACHES:

ALL Coaches listed on any club team roster must complete all the mandatory requirements below to be eligible to participate. These requirements are mandatory for all Coaches regardless of certification status.

DEADLINE: CRC/VSC + Safe Sport must be completed before your first interaction with athletes (electronic or in-person). The remaining items must be completed by March 1, 2026.

Note: Any Head Coaches who are missing any of the requirements in Section A (below) should not interact with any youth in person/electronically as a Persons in Authority, and should not be included on any team roster, until completed.

MANDATORY Requirements for ALL COACHES:

Criminal Record Check / Vulnerable Sector Check - completed within the last 3 years.

Safe Sport Training - FREE - Coaches Association of Canada (CAC) E-Learning module

Making Head Way in Sport - FREE. Coaches Association of Canada (CAC) E-Learning module

Rule of Two e-Learning Module - FREE. Coaches Association of Canada (CAC) E-Learning module

Make Ethical Decisions (MED) E-Learning - online workshop lead by a facilitator and offered multiple times a year through Coaching PEI. Often offered for FREE with code for PEI Coaches!

Making Ethical Decision (MED) Online Evaluation – FREE after taking workshop through Coaching PEI

Foundations of Volleyball eLearning - \$99. Foundations of Volleyball eLearning introduces coaches to Volleyball Canada's teaching methodologies and long-term athlete development principles.

Recommended Module:

It is strongly recommended that coaching staff also consider completing the following module from Coaching Association of Canada: Anti-Racism e-Learning Module (Free)

CERTIFICATION Requirements for HEAD Coaches:

All Head Coaches listed on any roster for must meet the requirements outlined below.

All Head Coaches participating in Competitive Clubs for the 1st time are required to have successfully completed a **DEVELOPMENT COACH WORKSHOP**

All Head Coaches participating in Competitive Clubs for a 3rd year, or more, are required to have active **CERTIFIED DEVELOPMENT COACH** status.

Important Notes:

1. Active Status:

Head Coaches who have achieved **Certified** status in any context (Development, Advanced Development, Performance Coach) are still required to complete the mandatory requirements listed above and maintain **Active** status in the NCCP Locker. **Coaches with an 'Inactive' status are not eligible.** Please refer to *Volleyball Canada's NCCP Certification Maintenance Guide* on how to remain **Active**.

2. Advanced Development Coach Certification:

Volleyball PEI, along with Volleyball Canada (VC) will soon have the option to offer Advanced Development Coach Certification that utilize the various delivery methods. It is strongly encouraged for all coaches in the current Advanced Development Pathway to complete their certification requirements within that context, however a coach must complete their certification in Development Coach to achieve Advanced Development Coach Certification. Advanced Development Training (workshop) will be accepted as completing the 1st year Head coach Requirements.

3. Coaching Requirements Exemption:

Coaches who have not met the Certification Requirements by March 1, 2026 deadline may submit an exemption application. Exemptions will **only be considered** under the following conditions:

- 1st year Head Coach. This will be verified through the Locker based on mandatory requirements dates of completion, i.e. Initial Locker Activity - Fall 2025-Winter 2026.
- A Head Coach is assigned to a team roster after March 30, 2026 – based on approved roster changes by VC. If a coach is assigned late to a roster, verification must be provided.

Coaches who do not meet the Certification Requirements will be contacted and provided with the exemption application by email after March 15, 2026. Any exemptions provided by the PTA are not applicable to the VC Nationals exemption process. An exemption application does NOT guarantee an exemption will be provided.

TYPE OF COMPETITION

A **Competitive Tournament** is a provincially sanctioned tournament organized by a club or PTA and is officiated by Volleyball Canada Certified & Registered officials.

Hosts should aim to meet the following standards to be designated a sanctioned event:

- Teams should play a maximum of 5 (best 2/3) matches in one day
- Teams should play a maximum of 3 (best 2/3) matches in a row
- Teams should sit a maximum of 2 (best 2/3) matches in a row
- Volleyball Canada and Volleyball PEI rules will apply including rules of play and tie-breaking procedures.
- Use assigned officials through the VPEI Referee Assignors
- Use Volleyball PEI's official competition volleyball for the age group

Once a Sanctioned Club decides to run a Competitive Tournament VPEI will post the event on the VPEI website and social media channels to help with promotion.

ELIGIBILITY

Any team competing in a VPEI sanctioned competition must be fully registered with their provincial sport organization (VPEI, VNS, VNB, etc) as a sanctioned club team and may only use registered members.

- A VPEI representative in any capacity may request proof of registration of a club, team or individual at any time.
- A player/team must purchase their annual registration fee within the province/territory in which they reside. No player/team is allowed to register with a PTA outside their province of residence without the prior approval of VC and the two (2) PTAs involved. *Contact the VPEI office for further information and details of this approval process.*

Players: A team in any age category must have a minimum of 8 players and a maximum of 15 players registered on their official roster. For 14U: A maximum of 15 players can be in uniform, participate in the warm-up, and sit on the bench. However, only 12 players are allowed to be on the score sheet and may participate in any given match.; the 12 listed players on the score sheet may vary from match to match. (see 4.1.1 of the VC Rulebook). For 15U – 18U events, a maximum of 15 players can be in uniform, participate in the warm-up, sit on the bench, and participate in any given match.

- A minimum of six (6) players can compete at a VPEI sanctioned event.
- An out of Province team that wants to participate in VPEI sanctioned competition must receive approval from their Provincial or Territorial Sport Organization (P/TSO). Each team must provide proof that the team is registered and in good standing. VPEI reserves the right to deny entry into an event based on the registration capacity.

COMPETITION REGULATIONS

As per Volleyball Canada's Rule Book:

Uniforms

Each registered team shall be appropriately dressed for competition as follows:

- The colour for the jerseys and shorts must be uniform for the team (except for the Libero). The length, style, design or fit of the shorts are irrelevant and of no consequence. The uniforms must be clean.
- Compression wear can be any single solid colour. The single solid colour does not need to be the same for each player.
- Players' jerseys must be numbered from 1 to 99 inclusive.
- The number must be placed on the jersey at the centre of the front and of the back.
- The colour and brightness of the numbers must contrast with the colour and brightness of the jerseys.
- The number must be a minimum of 10cm in height on the chest and a minimum of 15cm high on the back. The line forming the numbers must be 2cm in width.
- *As of 2025:* The Team Captain is NOT required to have a stripe on their jersey.
- It is forbidden to wear uniforms of a colour different from that of the other players (except for the Libero), and with/or without official numbers.
- To avoid any potential uniform violation problems, it is strongly recommended to clubs that the jersey numerals not be included in any artwork or logo. The numerals are to be clearly visible and should stand alone, separated from any artwork or logo.
- Refer to the Volleyball Canada Rule Book for the complete definition of the uniform for the Libero player – The Libero must wear a uniform which has a different dominant colour from any dominant colour of the team jersey
- When a uniform violation occurs, players with non-matching uniforms shall not be permitted onto the court unless the team has less than 6 players with matching/identical uniforms.

Serving Space

If serving space is less than 2m, then all players will be allowed a step-in on the serve.

Warm Up Protocol

a) Team warm-ups will be conducted using the 2-4-4 format, which is as follows:

- 2 minutes for players to warm-up on their respective side of the court,
- 4 minutes to use the full court (traditionally used for spiking and serving practice), and
- 4 minutes on the baseline or off the court. See item 'c' below for warm up recommendations.

b) In an effort to reduce the incidence of injuries and concussions during warm-up, Volleyball Canada has developed the following warm-up protocol. This protocol is to be followed by all teams during the designated on-court warm-up time;

(article 7.2.4 of the Indoor Rulebook)

1. Athletes must remain on their side of the net immediately following an attack and only move to the opposite side of the net from outside of the court. Athletes are not permitted into the receiving court.
2. Any ball from the receiving side of the court, entered to the attacking side, must be entered from outside of the court.
3. Retrieved balls must be returned along the sidelines of the court and not through the receiving court.
4. If the team is using both sides of the court, i.e. full court game type activity - only one ball can be in play at any given time.
5. Opposing teams are not permitted to use volleyballs in the free zone during the other teams allocated court time.

Teams who do not follow the protocol will be notified by the referee that they must follow the above stated regulation. Teams must adjust their warm-up accordingly or may choose not to continue their hitting warm-up. Time for the hitting warm-up will not stop during the notification and adjustment period.

c) Warm Up recommendations:

- Hitting should be directed away from courts with active games and from spectator seating areas whenever possible.

GAME BALL

The official indoor ball for VPEI Competitions will be the Mikasa VQ200w-CAN in the 14U to 16U age categories and the Mikasa V200W in the 17U-18U age categories.

NET HEIGHTS

Age Category	Girls	Girls
13U	2.15m	2.20m
14U	2.15m	2.20m
15U	2.20m	2.35m
16U	2.24m	2.35m
17U	2.24m	2.43m
18U	2.24m	2.43m

AGE SPECIFIC RULES

No Libero Rule

The use of a Libero is NOT permitted at the 13U/14U/15U boys and girls age categories.

Substitution Rules

The 12 LIMITED substitution rule will be applied to all categories where the use of a Libero is not permitted.

- 12 sub limited (one entry & one exit per player) in age categories with **NO** Libero.
- 6 sub limited (one entry & one exit per player) in age categories **WITH** a Libero.

Fair Play Rule is encouraged

- The fair play rule should be applied to the 13U and 14U age categories for both boys and girls.
- All players listed on the score sheet should start the first or second set.
- Substitutions should not be permitted in the first or second set. In the case of injury, an Exceptional Substitution may be made. The injured/ill player may not return to the same set but may return to play in subsequent sets. Any line up can be used at the start of the third set. In the third set 12 'limited' substitutions are permitted.
- Any line up can be used at the start of the third set. Teams are strongly encouraged to distribute playing time among all players on the team. Substitution requests can only occur between a three-ball sequence.
- Teams switch sides in the third set once a team reaches 8 points. For Tripleball, If this occurs during a three-ball sequence, then the switch will be made after the sequence is complete.

Serve Receive Rule

In age groups 13U and below, receiving a serve overhand with the fingers (volley) is illegal. The referee, regardless of the quality of the contact, will call any such attempt.

TRIPLEBALL

The goal of Tripleball is to promote better skill development through more rallies, increase participation, and encourage meaningful competition and fun.

13U: Tripleball will be the official game format for all sanctioned VPEI events

14U: Tripleball will be offered as an alternative game format along with the “regular” game for all sanctioned VPEI events, including spring league during the season.

***See the official Volleyball PEI Triple Ball document for all other game details specific to PEI.*

TEAM ENTRY FEES

Competitive Club Tournaments only – Set by the tournament Host Organizer

All clubs have the option to collect their event registration/entry fees on their own or have them payable online, through the Volleyball Registration System (VRS).

***Spring League Program Only** – Gate fees/attendance fees at weekly tournament or 50/50 sales are not permitted. Spring League Clubs are allowed to set up a canteen if they so wish.

REGISTRATION DEADLINES

Competitive Club Tournaments – Set by the Host tournament organizer

Teams/Clubs are responsible for ensuring that entry fees are submitted by the deadline(s). Late entries may be permitted at the discretion of Host Club.

CANCELLATION POLICY

If a tournament is cancelled it is generally for one of three reasons: less than 4 teams have registered, facility closures and/or inclement weather conditions.

If local weather or other circumstances prevent a team from traveling to a Competitive Club event, the coach must notify the event host immediately. It is recommended that weather and road conditions be checked, as clubs must assume responsibility for safety and risk management. The club host will consider local weather, road conditions and the number of teams who will not be attending when deciding if cancellation of their tournament is warranted. If a VPEI hosted event is cancelled, or teams are unable to attend due to mitigating circumstances, teams will be reimbursed their entry fee, minus any tournament administrative expenses that cannot be recovered due to cancellation. It is highly unlikely to reschedule a cancelled event pending facility availability, availability of teams and conflicts with other tournaments.

UNSANCTIONED EVENTS

Volleyball PEI's insurance coverage is only applicable for VPEI sanctioned tournaments. These events adhere to our Safe Sport requirements, employ certified referees, and follow our tournament standards. Registered participants in these events are covered under our insurance policy. It is important to note that competitions not directly organized by VPEI or Volleyball Canada are considered unsanctioned, and

therefore not covered by our insurance policy. It's crucial for everyone to understand these limitations and take necessary precautions to ensure the safety and well-being of all participants. Participating in unsanctioned events may invalidate insurance coverage, putting participants at risk. We strongly urge all clubs to prioritize safety and compliance with Volleyball PEI regulations to minimize potential risks during club events.

VOLLEYBALL CANADA NATIONAL CHAMPIONSHIPS

To be eligible to play in a Volleyball Canada Championship, all participants (players, coaches, managers) must register annually with VPEI/VC and must meet Volleyball Canada entry requirements.

Entries will be verified for eligibility. At Volleyball Canada Championships, players may be required to provide personal identification.

For a Volleyball Canada Championship, all teams who participate in their respective VPEI Championships are eligible to register, the current exception being Masters.

If more teams register for a Volleyball Canada Championship than can be accommodated by available facilities (*number of courts*), acceptance may be based upon the order that teams registered, and/or VPEI Championship results.

Date	City	Age/Gender	Facility
April 30 – May 3	Ottawa, ON	14UG	Carleton University
April 30 – May 3	Moncton, NB	14UG & B	University of Moncton - CEPS
May 7 – 10	Edmonton, AB	14UG & B	Saville Centre
May 14 - 17	Mississauga, ON	14UB & 15UB	International Centre
May 14 – 17	Calgary, AB	17UG	BMO Centre
May 20 -23	Calgary, AB	17UB & 18U G & B	BMO Centre
May 24 - 27	Calgary, AB	15UG	BMO Centre
May 28 - 31	Calgary, AB	16U G & B	BMO Centre

**Date includes Coach Check-In/Practice Day & Competition Dates*

For more information regarding the Volleyball Canada National Championships please visit their website at www.volleyball.ca .

Coaches attending VC National Championships should be familiar with the VC Nationals Indoor Competition Guide for additional regulations